Respectful, Safe and Responsible Learners

22 August 2014

CAPA Concerts Term 3

Review and photos, photos, photos on pages 5 to 8 !!

Students Making A Difference

Year 11

Bradly Schofield for caring for others
Principal’s Report

Korean Exchange Program
Over the course of the last two weeks at school, our school has played host to sixteen Korean exchange students and their teacher, Jenni. For the first couple of days we were lucky enough to also have one of the executive staff, Mr Mang, and the Principal of Namsung Middle School - Mr Kim visit our school.

2014 is the tenth anniversary of our Korean exchange program and it is only getting stronger and stronger each year. As Mr O’Brien said at the welcome assembly, the Korean visitors brought with them a ‘buzz of happiness’ which was also evident from all the people at Moss Vale High School.

Throughout their stay, I know that the Korean students had an amazing time and got to enjoy some wonderful experiences. An incredible journey!

I would like to thank Mr O’Brien, Miss Lidgard, Mr Vandenbergh and Mrs Fitzgerald who did an enormous amount of work on making the exchange visit so incredibly successful. It is equally important to say a BIG thank you to all the students and families who hosted our Korean students. The support we received from the community was incredible and we are very grateful.

In just over 30 days, sixteen students from our school, Mr Sanders, Ms Naujok and myself will travel to South Korea where we will be lucky enough to enjoy the hospitality of our Korean friends. I am extremely excited and am so very much looking forward to a wonderful trip and some amazing opportunities for our students.

I look forward to sharing with our school community when we return.

Join our P & C Association
I want to encourage all our parents to come along and get involved in our schools P & C association. The P & C is an amazingly supportive organisation that really does make a difference in the opportunities that are offered to our students. The P & C meet at our school every third Tuesday of the month at 5:00pm.

Being part of the P & C is about being part of your child’s education and being involved in the future growth and development of our school. The P & C is about offering your thoughts and opinions about how you believe we can develop our school. It is about strengthening and growing the partnership that exists between our school and our community.

I hope to see you at our next P & C meeting – please mark down the 16 September 2014.

Internet Safety
Next week at our school Library starting at 6:00pm we will host a parent information session to provide strategies and ideas to support students with Internet and social media safety. The presentation will be delivered by Senior Constable Garry Mutton of the NSW Police. It would be fantastic to see you there!

Have a great week!

Peter Macbeth
Principal
Deputy Principal’s Report

Positive Behaviour for Success
We are continuing to focus on Responsible Behaviour through being an ‘active and critical thinker’ in class. We are encouraging students to be well informed, not just about their school work, but about the important issues and events in the world around them. Matilda Langford of Year 8 presented another outstanding speech at this week’s assembly that further developed the ideas presented by Nadia Shaw at our last assembly. I have included Matilda’s speech in my report:

Thinking

If you asked probably anyone in this room, in this town or even in this country what their opinion on Twerking was, they would have an answer. It could be either disgusting, funny or even sexist but that doesn’t matter. Most people would have an opinion. But if you asked the same people how they feel about fracking or what’s happening in Ferguson or even what the main cause for suicide for young people is, would they even know what you are talking about. Would they have an opinion?

We need to learn to think. We need to learn how to see. We need to learn how to help people, and we can.

The world is a lot bigger than your little problems, it’s the harsh truth. There are big things happening in the world. Constantly. And every single one of you can see it if you tried.

I’m not talking about Kim Kardashian’s passport photo, I’m not talking about Harry Style’s latest wardrobe problem or everything Justin Bieber does. I’m talking about things that matter. Things that people just aren’t seeing.

Did you know that in the next 24 hours, an average of 1,429 teens and young people will attempt suicide? And many of them will succeed.

These teens are usually bullied, they can be bullied for the shade of their skin, what they look like, who they are or even who they love. “That’s Gay” is said on a daily basis. Well what’s wrong with being gay? Most people who say this don’t even think about it before it leaves their mouths. It could actually be killing someone near them and they wouldn’t even know. Until it’s too late that is. And it’s not just gay people. They could be pansexual, transgender, asexual, bisexual and so many more. Who are we to hate someone for who they love?

As you know, we have wear it Purple Day on August 29. Please think about the important purpose behind this day. It is not simply to have a day out of uniform. Think about all the reasons why young people feel judged and alienated - at school and in society in general - think about how you can make someone else feel as though they belong, that they are not marginalised.

On August 8, in the American town of Ferguson, an 18 year old African American man was shot six times and killed by a police officer. It is alleged that the youth, Mike Brown, stole food items from a convenience store and then aggressively pushed the store owner when confronted about the theft.

However, we need to think about whether the police response was reasonable in this situation, we need to be informed and take an active interest in the news and in what is happening in our world.

The world is a very big place. But most of us can’t see it. Too many of us can only see things like school work and friends’ dramas and while that is important to us individually, it really just doesn’t matter.

The future does not exist. There is only now. So why not change the world while you can. Let’s think always about the bigger picture, about someone else. And above all, let’s always show compassion and understanding.

I would like to commend Matilda on the passionate and eloquent manner in which she delivered this thought-provoking speech. We have also been continuing to work through roll call tasks that support students in developing their thinking skills. On the next page is a sample from our recent task that was created by Mrs Shannon in CAPA.

Students were asked to describe what they saw in each photograph and explain what it made them think about. The roll call class that completes the task most thoughtfully will be awarded with Vivos.
Wear it Purple Day
On Friday, August 29, students will be allowed to participate in a mufti day where they will be expected to wear purple in order to raise awareness of issues affecting young people today. The Wear it Purple day is intended to create understanding and compassion for all young people, and to encourage acceptance of diversity. We want our young people to feel safe and proud to be themselves and NOT to be judged by their appearance, gender, race, religion or sexuality.

The money raised will contribute to our PBS program, the painting of our new mural and to Centre of Youth in Bowral that supports the mental wellbeing of our local youth.

*Patricia Holmes*
*Deputy Principal*
Due to the overwhelming success of our 2013 Moss Vale Community Of Schools CAPA Concert, this year, it was decided that we would hold two concerts to celebrate the creative and performing arts talents of our many students. Over two nights in Week 4, twelve schools from our Moss Vale COS came together to present music, dance and drama performances. Students from Avoca, Berrima, Bundanoon, Burrawang, Exeter, Moss Vale, Penrose, Robertson, Sutton Forest, Tallong, Wingello Public Schools and Moss Vale High School strutted their stuff, with performers ranging from Kindergarten right through to Year 12. The Hall was jam packed both nights and we were blown away by the number of people wishing to attend our concerts! The performers were SO impressive and the backstage and lighting crew were simply amazing. We acknowledge the hard work involved behind the scenes and we are very thankful for the many dedicated staff responsible for bringing each of the outstanding items together. You have to LOVE what is possible through Public Education!

Mrs Johnston
Vietnam Veterans Day Service

Moss Vale High Year 12 student leaders, Rhiannon Young, Matthew Sainsbury-Dale and Jayden Cubit, accompanied by Mr McGill (Head Teacher, HSIE), represented our school at the annual Vietnam Veterans' Day service on Monday. This day of remembrance, on the anniversary of the Battle of Long Tan (1966), is usually held at the Vietnam Veterans' Memorial, near the Cherry Tree Walk, Bowral. It is an opportunity for returned servicemen and women, members of the community and school groups to remember the contributions and sacrifices made by those involved in this conflict. The recent inclement weather meant that this service was moved to the Mittagong RSL, where our senior student leaders presented a wreath on behalf of the Moss Vale High school community. Our Year 12 leaders are to be congratulated on their respectful and dignified representation at this important community event.

Mr J McGill
Head Teacher, HSIE

UOW NEW Summer Master Class Subjects!

This summer the University of Wollongong is expanding the Summer Master Class Program and are now offering five new subjects across all five UOW Faculties. Students starting Year 12 in Term 4 of this year, from schools across the Illawarra, South Coast, Southern Highlands and Southern Sydney Regions are invited to apply. The university subject will support their HSC marks, establish connections with Faculty staff and reward students with six unspecified credit points towards their UOW degree and guarantee them an Early Admissions Interview. Over three weeks in January 2015, students will be enrolled as a university student and will take part in lectures, tutorials and master classes.

To apply for the Summer Master Class Course students will be required to complete an online application form and applications open on Monday, 1 September. Information sessions will be running at schools in the first three weeks of September, Mr Baguley, your Careers Adviser, will be keeping you posted on dates soon!
English Experiences

Macbeth Excursion
On Friday 8 August, 75 Students from Years 9, 10 and 11 journeyed to the Sydney Opera House to experience the Bell Shakespeare rendition of the play Macbeth. It was an early start, and a long train ride to the city and on arrival the students had some time to relax at lunch at Circular Quay.

After lunch we made our way to the Opera House playhouse and eagerly awaited the play, we even had the best seats, right down the front! The play went for about an hour and a half and was a modern adaptation of Shakespeare's play.

The stage space was creatively used, lit by many hanging light bulbs, with costume racks used as props and costume changes on stage. Through the play little modern twists were added, including iPads, facetimeing one of the murders and old fashioned sword fight with Kevlar vests.

The students all enjoyed the experience of seeing Shakespeare performed live and gained a further appreciation of Shakespeare and his plays. It was a great day that was enjoyed by all who came.

Mr Brown
English Teacher

May reading inform your world
Moss Vale High School Daylight Uniform Shop

SALE

20% OFF ALL STOCK (excluding woollen jumpers)

Last two weeks of Term 3

Tuesday, 9 & 16 September
8.30 - 11.30

Thursday, 11 & 18 September
1pm - 4pm

NO REFUNDS or EXCHANGES

Bowral Little Athletics

Ages 6 to 17
Eridge Park Bowral
Friday afternoons from 5pm

Season Starts
October 10th 2014 and runs till the end of March

Registration Days
Eridge Park
6th and 13th Sep
10am-1pm

Our storage shed is located next to the football shed.

Registration is $100 for the first child
$90 for subsequent Children.
Proof of age is needed for all new registrations.

Our multi-disciplinary fun approach includes the children participating in sprinting, distance running, long jump, triple jump, high jump, discus, shot put, javelin or turbo javelin in a fun non-competitive and supportive environment. Parents and carers are an integral part of every training session as well. We would like to extend a warm welcome to you all to join us for the 2014-2015 season which promises to be our best ever!

bowrallittleathletics.com.au
bowral.lac@live.com.au
Year 12 HSC Trial Night

Students rehearsing their HSC music repertoire at the Robertson Anglican Church Hall on Thursday, 14 August 2014.
Dear Parents

To help your son/daughter, our school is providing access to the Careers website: www.jobjump.com.au
Please go to this site and view the 3 minute introductory video. (Top right corner on the screen).
To go into the website our school password is:

leopards

You will find using the UAC Handbook issued to Year 12s a much quicker process by going to the JobJump website and clicking on the ATAR menu option (middle of screen). Now select the Career field of interest from the Index listing on the left hand side. You can click on the blue UAC Course Code numbers in the first column to receive a full description of the courses. You can also click on any of the Table headings (like 2014 ATAR) and they will sort for you.

Here is a handy summary on how to use each part of the JobJump website. Please feel free to tell other parents and friends from our school of these services offered by our school and JobJump.

Ian Baguley
Careers Adviser

How to get the most out of using www.jobjump.com.au

Find a listing of the Menu Items that appear across the screen from left to right. This is how you use each item.

Login : You can now register to receive the latest Careers News when you enter your email address from the front page of the website. This will be emailed to your home email address if you wish. It only takes a minute or two. You will receive Careers News on your chosen careers from now through to an extra year after your HSC. If you change your mind, you can unsubscribe at any time. You can select new careers at any time too. You can have as many as you want.

My Career : - Click on the name of a career that interests you. The 4 coloured buttons now become active for you. If you now click on 'Read the News' all of the current news is ready for you to act on with the active links. Click on 'Watch a Video' and you can enjoy a tour of your chosen career. Click on 'Check I'm Suited?' and you can complete the chart to show you have the personal qualities desired by a future employer.

When you click on 'Go For It', 5 choices appear:
- 'Can I prove to a boss I'm the right person?' gives you valuable and quick information on how to improve your chances for an employer to hire you in this career.
- 'What subjects should I study?' gives you the subject advice on subjects in NSW you could consider.
- 'What courses should I study after school?' gives you the quick advice and the direct links to many of your Tertiary options at University, TAFE and private colleges.
- 'Where can I find the jobs?' gives you the real job vacancies, employer organisations and exactly how to find the names, addresses and phone numbers of companies you can contact yourself from the Yellow Pages.
- 'How do I present to an employer?' gives you all you need to be able to call an employer with an easy script on what to say and a Directory Sheet to list all of your companies names and contact details. There is a Sample Letter and a Resume that guides you line by line what you need to write to an employer. There are handy quick tips on what you should do and what to take with you whenever you visit an employer.

Calendar allows you to see all the news month by month. If you want to find only the news for the careers you like firstly click on the top left button, 'None'. Then select the careers you like and the news month by month appears only for those careers you chose.

Find My Career. This is useful if you are wondering what career might best suit you. You can gain a better
understanding of a career by watching a video about it. There are 4 handy quizzes you can also try, all of which will provide new career possibilities for you.

**HSC Subjects** has a great slide show explaining all about the HSC and matters like Units and the HSC rules. When you click on a career you like on the left hand side, the subject advice appears on subjects in NSW you could consider.

**ATAR.** This is great to use in conjunction with your UAC Handbook. Most people start with the UAC Handbook Index to see all of their options. Here on the jobjump website, you will find this Index listing on the left hand side. Click your favourite Index field. A listing appears just like the hard copy of the Index in the Handbook. By clicking on the Title Headings at the top, you can sort this listing in ATAR order, in Campus location order, in University order or by the name of the course. If you click on any blue UAC Course Code, you will be able to read a full description of the course you selected. You can also do a search for degrees by typing in the search box a key word in this field.

**Uni.** This has the following drop down menu options:
- **Open Days.** A full listing for not only NSW and ACT but across Australia with links about going to them.
- **Scholarships.** Each Uni has an explanation about their scholarships and how to apply for them. Many have the listing of their Undergraduate Scholarships they have on offer.
- **Bonus Points.** Many universities offer Bonus Points which can help you gain entry to your chosen degree at their Uni. This is often based on how well you have done in particular HSC subjects and/or on your location. Some Unis even have a handy Bonus Points calculator.
- **Alternative Entry.** Unis have various ways to allow you to gain entry. Each Uni's options are found here.
- **Educational Access Scheme.** If you faced some type of hardship over your HSC years, then you may be considered for entry to your degree by completing an E.A.S. application. Speak to your Careers Adviser.
- **Deferment.** Some people need to have a break before entering Uni for half a year or a full year. The table given here summarises what each Uni considers and what you may need to do. Deferment allows you to bank the degree for which you were accepted and to start it at the end of this break.
- **Accommodation.** Check each University to find the most suitable accommodation to fit your needs.
- **Overseas Exchange.** Select a university of your choice and find out how you can study part of your chosen degree in one of your favourite countries.
- ** Interstate.** Each State in Australia has its own version of our NSW UAC (Universities Admission Centre). If you wish to consider studying in another State, click on the State which interests you and follow their instructions. Each State has their own course search area.

**Apprenticeships.** At the top you can find a simple to read explanation all about how Apprenticeships and Traineeships work. This is followed by an interesting short video about Apprenticeships and Traineeships. If you click on the bottom option you will see a listing of Apprenticeship and Traineeship career areas with easy to do quizzes to see if you are suited.

**Earnings.** There are 300 careers listed on the left hand side with their earnings in weekly and annual amounts. To select any career you must first read and consider the short advice in the bubbles and then click 'OK'.

**Jobs.** When you click on the drop down word Jobs, you will see a listing of all of the careers on the left hand side. When you click on any career you will find the real job vacancies, employer organisations and exactly how to find the names, addresses and phone numbers of companies you can contact from the Yellow Pages.

On the main body of the screen are 5 other options:
- The first gives you all you need to be able to call an employer with an easy script on what to say and a Directory Sheet to list all of your companies names and contact details.
- The second is a great video to watch on making phone calls to an employer.
- Then there is a Sample Letter and Resume that guides you line by line what to write to an employer.
- The fourth is a Resume Builder where you can enter your details. Make sure you inform your parents if you are under 18 that you are doing this.
- Lastly there is an interesting video on going to a job interview and how to handle the interview questions.

**Work Experience** provides the main documents that you use with your Careers Adviser's guidance to arrange Work Experience. Make sure you speak to your Careers Adviser before arranging any work experience.

**Gap.** Many students feel that they would like to have a gap year, go as an exchange student overseas or seek a new experience. There are a wide range of options here to select and investigate.

**Where is?** Is a handy directory of over 140 links you may need on all the major topics such as HSC and UAC.
**School Administrative & Support Staff Recognition Week**

1 – 5 September 2014

**STEPPING UP TO THE CHALLENGE**

Take the opportunity this week to appreciate the important and valuable work of Moss Vale High School’s support staff

<table>
<thead>
<tr>
<th>Robyn Bromfield – Front Office</th>
<th>Tina Fitzgerald – Science, Front Office</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheryl Neich – Food Tech, Front Office</td>
<td>Greg Hutchinson – General Assistant</td>
</tr>
<tr>
<td>Maureen Sinclair – Admin Manager</td>
<td>Margaret Beaumont – Front Office, First Aid</td>
</tr>
<tr>
<td>Carolyn Donovan – Front Office</td>
<td>Julie-Anne Moule – Front Office, Science</td>
</tr>
<tr>
<td>Debbie Breeze – Library, Front Office</td>
<td>Meagan Wilson – Front Office</td>
</tr>
<tr>
<td>Dianne Sutherland – Front Office, Library, First Aid</td>
<td>Alena Groves – Front Office</td>
</tr>
<tr>
<td>Brook Roberts – Farm Assistant</td>
<td>Janene Watts – Front Office</td>
</tr>
<tr>
<td>Steven Hurley – Technology Support</td>
<td>Ian Crick – Technology Support</td>
</tr>
<tr>
<td>Peter Cornwell - Cleaner</td>
<td></td>
</tr>
</tbody>
</table>

![Support Staff Team Image](image-url)
School Administrative & Support Staff Recognition Week

1 – 5 September 2014

STEPPING UP TO THE CHALLENGE

Take the opportunity this week to appreciate the important and valuable work of Moss Vale High School’s support staff

School Learning Support Officers
Michael Williams, Shirley Horne, Irene Jones, Sharon Moore, Cathy Vandervoort, Pauline Emerson, Sharyn Leahy
Year 8 students have been exploring the relationship between words and images as part of their unit ‘Art with a Message’.

**Moss Vale Junior OzTag**
@ Community Oval Moss Vale
Tuesday afternoons 4pm-6:45pm - comp starts 7 October 2014

Rego Dates 9 & 16 September 4pm-6pm
Rego forms are available at www.southwestoztag.com.au under the rego forms tab. $70 for rego and $25 for shorts.

Ages from 6-15 Mixed division teams. To guarantee your child plays with their friends its best to enter as a team. So grab your friends and start your own team, or we can place you in a team.

Contact Nicky on 0422 589 890 or Hayie on 0456 088 665 for more information.
Moss Vale High school students entered a competition to come up with quotes about why education is so important. The winning quotes are to be illustrated in a mural to be displayed in the school grounds.

Yo Gaynor, Scout Ectell, Matilda Langford and Omar Bedaoui came up with the designs for the mural.

Yoyo Gaynor

Matilda Langford

Omar Bedaoui

Scout Ectell
Save the Date

Parent information session

On Thursday, 28 August, Senior Constable Gary Mutton, our school liaison police officer, will be coming to the school to present an information session on the inappropriate use of social media. He will discuss the legal ramifications of students misusing these types of technology and suggest ways that the technology can be used safely.

We urge all parents to attend this very important information session.

The information session will be held in the library and will start at 6.00pm.

I hope to see you there.

Regards

Sharlene Killian
Welfare Coordinator
Teaching someone to drive can be a happy experience. 😊

Come to a FREE:

**PARENT WORKSHOP**
Wednesday 6 August 2014
6.00pm - 8.00pm
Helping you and your learner with practical advice about:
- Current laws for L & P licence holders
- Supervising learner drivers
- Completing the Learner Driver Log Book
- Benefits of supervised on-road driving experience
- Low risk driving

**LOG BOOK RUN**
Sunday 17 August 2014
10.00am - 12.00pm
Gain ‘real’ driving log book time.
- Local drive for learners accompanied by their supervisors
- Clock up some driving experience hours
- Graduated Licensing Scheme’s Learner Log Book topics covered
- Experience a NSW Police RBT set up

BOOKINGS ARE ESSENTIAL

Please call 4868 0809 or email melanie.lausz@wsc.nsw.gov.au

This event is conducted by the Wingecarribee Shire Council Road Safety Officer, supported by the NSW

---

**WINCECARRIEBE FAMILY SUPPORT – ACTIVITIES TERM 3, 2014**

**TRIPLE P**
10.00-12.00 noon
TUESDAYS
22nd July to 9th September
Free childcare provided for group participants on-site with early childhood teachers – please ring to book your place.

This program is aimed at practical answers to everyday parenting concerns, for families with children aged 2 to 12.
You will learn about:
- Effective parenting strategies
- How to enhance your child’s development
- How to manage common behaviour problems

**Happiness Project**
Parent Support Group
10.00-12.00 noon
WEDNESDAYS
8 weeks starting from
23rd July to 10th September
Free childcare provided for group participants on-site with early childhood workers – please ring to book your place.

Would you like some support to achieve happiness?
Are you feeling overwhelmed or stressed?
For information contact Hannah.
(02) 4862 1777

**PLAY & CHAT SUPPORTED PLAYGROUP**
10.00-12.00 noon
THURSDAYS
17th July to 18th September
A playgroup providing help to develop parent’s skills and insight into the role of play in children’s learning and social development. Early Childhood staff available for support and advice about your child’s needs and any parenting or other concerns you may have. Please bring a hat and piece of fruit to share.

**COMMUNITY WALKS FOR THE YOUNG & THE YOUNG AT HEART**
Start at 10.00 for about 1 hour
Do you want to get motivated, get a sense of being part of the community and increase your fitness at the same time? Are you new to the area and want to meet people?

**MONDAY MOSS VALE**
With Peta
Meet at Leighton Gardens 9:30

**TUESDAY BOWRAL**
With Isidra
Start in the car park of Bowral Swimming Pool for the Cherry Tree Walk

**THURSDAY MITTAKONG**
With Isidra
Start at the corner of Helena Street and the Old Urne House opposite the Tourist Information Centre.
Press Club Invitation

On Wednesday, 6 August, a group of eight amazing representative from Moss Vale High School was invited to the Press Club Canberra. This provided an opportunity that is not normally experience by many. Minister Christopher Pine was addressing the Press Club and being filmed live to air on the ABC. Charlotte Fitzgerald was prepped and ready to address the Minister with a question regarding the government’s supply of lap tops to Year 9 students, but unfortunately the invited media used all of the allocated time.

Charlotte’s question was:
“3 or 4 years ago the government had a program to provide laptops for all Year 9 students in public schools. I received one through the program last year. Would there be any opportunity for that program to be re-introduced with iPads so the opportunity I have had can be available for all future students?”

I personally was extremely proud of our students and thoroughly enjoyed the day we shared together.

Mrs Janeen Pepping

Students from L to R: Brooke Fitzgerald, Ellie Tobin, Monique Miller, Maggie Sims, Tori Cathie, Amelia Yearsley, Joel Hinchcliffe, Charlotte Fitzgerald, with Minister Christopher Pine.
### TO: MOSS VALE HIGH

**NOTE OF ABSENCE**

<table>
<thead>
<tr>
<th>Date: ___________________</th>
<th>Address: ____________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Roll Class: _____________</td>
<td>Year: ____________</td>
</tr>
</tbody>
</table>

Please excuse the absence of my son/daughter: ____________________________________

on (dates) ____________________________________________________________________

Total number of days absent: ________________

The reason for the absence/s (this reason must be specific, not just "he/she was sick"): ________________

| Parent Name: ___________________________ | Parent Signature: ___________________ | Date sent: ____________ |

---

**CHANGE OF ADDRESS / CONTACT DETAILS**

| NAME: ................................................................. | Roll Class: ...... | Year: ...... |
| NEW ADDRESS: .......................................................... | PO BOX: .......... |

New Phone No's: Home: .................. Work (M): ..................

Mobile (M): .................. Work (F): .................. Mobile (F): ..................

Email: .................................................................

DATE YOU CHANGED ADDRESS: ..........................................

PARENTS / GUARDIANS NAMES YOU ARE LIVING WITH:

Do you currently have a bus pass? ..........................................

**NOTE:** A new bus pass application must be completed when a student has: a change of address, a change of name, change of school, change of details or comes under joint custody.

---

**OFFICE USE ONLY**

<table>
<thead>
<tr>
<th>ERN</th>
<th>CHANGED ON</th>
</tr>
</thead>
<tbody>
<tr>
<td>ERN</td>
<td>CHANGED ON</td>
</tr>
<tr>
<td>EMERGENCY CARD</td>
<td>REPRINTED</td>
</tr>
<tr>
<td>BUS Co NOTIFIED</td>
<td>RECEIVED</td>
</tr>
<tr>
<td>NEW BUS FORM</td>
<td></td>
</tr>
</tbody>
</table>
Moss Vale High Newsletter
Issue 3 Term 3 2014

Moss Vale High
Truth and Honour

Canteen Menu
Term 3 Menu 2014
Ph: 48681883

DAILY SPECIALS

<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Recess</th>
<th>Lunch or</th>
<th>Lunch Special</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Cheese &amp; Bacon Roll</td>
<td>$2.20</td>
<td>Hot meatball &amp; gravy roll</td>
<td>Creamy tomato bacon pasta penne</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Toasted sandwiches</td>
<td>$2.20</td>
<td>Hot Crumbed Chicken Wraps</td>
<td>Chicken Parmigiana burger</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Cheese &amp; Bacon roll</td>
<td>$2.20</td>
<td>Mac cheese</td>
<td>Chicken Burger</td>
</tr>
<tr>
<td>Thursday</td>
<td>Ham &amp; cheese Toasties</td>
<td>$2.20</td>
<td>Hot chicken &amp; cheese wrap</td>
<td>Hot Dogs &amp; Sauce</td>
</tr>
<tr>
<td>Friday</td>
<td>Hot Ham, cheese, egg wraps</td>
<td>$3.00</td>
<td>Lge Pizza Bread or pizza sub</td>
<td>Lasagne &amp; Garlic Bread or burrito's or Nachos</td>
</tr>
</tbody>
</table>

LUNCH ORDER ITEMS
PREORDERED BEFORE 9AM

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ham Salad Roll With the Lot</td>
<td>$3.80</td>
</tr>
<tr>
<td>Caesar salad roll</td>
<td>$3.80</td>
</tr>
<tr>
<td>Chicken Lettuce &amp; mayo roll</td>
<td>$3.40</td>
</tr>
<tr>
<td>Chicken Burger</td>
<td>$4.00</td>
</tr>
<tr>
<td>Hot chicken gravy Roll</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken Parmigiana Burger</td>
<td>$4.00</td>
</tr>
<tr>
<td>Hot meatball &amp; gravy roll</td>
<td>$3.80</td>
</tr>
<tr>
<td>Marconic cheese</td>
<td>$3.70</td>
</tr>
<tr>
<td>Lasagne</td>
<td>$4.00</td>
</tr>
<tr>
<td>Cheese &amp; spinach Rolls</td>
<td>$3.80</td>
</tr>
<tr>
<td>Chicken Nuggets 5 pcs</td>
<td>$3.00</td>
</tr>
<tr>
<td>Pizza Slabs: Hawaiian/Marguerite/Meat lovers</td>
<td>$3.00</td>
</tr>
<tr>
<td>Pepper Steak Pie</td>
<td>$3.00</td>
</tr>
<tr>
<td>Small Recess Pie</td>
<td>$2.70</td>
</tr>
<tr>
<td>Small Sausage Roll</td>
<td>$2.00</td>
</tr>
<tr>
<td>Large sausage roll</td>
<td>$3.00</td>
</tr>
<tr>
<td>Large pie</td>
<td>$3.80</td>
</tr>
<tr>
<td>Potato pie</td>
<td>$4.50</td>
</tr>
<tr>
<td>Nugget &amp; Potato Combo large</td>
<td>$3.20</td>
</tr>
<tr>
<td>Full Garlic Bread</td>
<td>$1.40</td>
</tr>
<tr>
<td>Sauce Portion</td>
<td>$0.20</td>
</tr>
<tr>
<td>½ Garlic Bread</td>
<td>$0.70</td>
</tr>
<tr>
<td>Chicken Pasta salad/ In season</td>
<td>$3.70</td>
</tr>
<tr>
<td>Salad packs to order</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

Drinks

- Water
  - 600ml: $1.70
  - 375ml: $1.00
- Popper Juice
  - 250ml: $1.50
- Daily orange Juice
  - 375ml: $2.00
- Passionfruit Juice
  - 375ml: $2.00
- Pineapple Juice
  - 350ml: $2.50
- Flavoured milks
  - 600ml: $3.50
  - 375ml: $2.40
- M Kakao choc milks
  - 500ml: $3.50
- Milk plain
  - 600ml: $2.00
  - 300ml: $1.40
- LOL Fizzy Juice
  - 250ml: $2.00
- Up & Go
  - 250ml: $2.40
- Arosna raspberry or cola
  - $2.00
- Blizzard Hot Chocolate
  - $2.00

Snacks & other Foods

- Selection of Fresh Sandwiches: $2.20 to $3.80
- Fresh Salad Packs/Wraps: $3.80 to $4.00
- Home Made Cookies: 70c
- Various Snacks:
  - Noodles, tiny teddy: 50c
  - Finger Buns: $1.50
  - JJ’s/ Chicken/ salt vine/pizza: $1.00
  - Smith Chip variety: $1.50
  - Home made Muffins: $1.80
Moss Vale High School Merit System

VIVO

60 Vivos  Red Award  You get an extra 10 Vivos for telling the Deputy that you have reached a Red Award which takes you to 70 Vivos

160 Vivos  Green Award  You get an extra 10 Vivos for telling the Deputy that you have reached a Green Award which takes you to 170 Vivos

320 Vivos  Bronze Award  You get an extra 10 Vivos for telling the Deputy that you have reached your Bronze Award which takes you to 330 Vivos

480 Vivos  Silver Award  You get an extra 10 Vivos for telling the Deputy that you have reached Silver Award which takes you to 490 Vivos

640 Vivos  Gold Award  You get an extra 10 Vivos for telling the Deputy that you have reached Gold Award which takes you to 650 Vivos

950 Vivos  Platinum Award  You get an extra 10 Vivos for telling the Deputy that you have reached Platinum Award which takes you to 960 Vivos