Respectful, Safe and Responsible Learners

14 May 2014

ANZAC Day 2014

Moss Vale High School was well represented at ANZAC Day ceremonies, with School Captains, Jayden Cubit and Rhiannon Young at Bundanoon and Georgia Finlayson and Matthew Sainsbury-Dale at Moss Vale.
Principal’s Report

Welcome Back
I would like to welcome our school community back to another exciting term at Moss Vale High School. I am really pleased to be back at school as this busy term promises to be full of achievement. There are so many opportunities coming the way of the students this term.
So far we have had a great start, and I am looking forward to a continuing ‘vibe’ for the remainder of the term.

ANZAC Day Assembly
Last Thursday our school held its annual ANZAC Day commemorative service. The assembly contained outstanding student performances, incredibly moving speeches and important commemorative components that ensured we, as a school community, paid our respects to our service men and women.

It was a pleasure and an honour to attend the assembly and spend time as a school community recognising the incredible sacrifices of all our service men and women and to recognise them for what they have done to make this country the wonderful place it is for us to live.

Our ANZAC Day Assembly would have to have been the most respectful and well run school assembly that I have ever been to in my entire teaching career. It was just incredibly moving, when we as a school assembly observed a minutes silence to not hear any noise from anyone of the 600 plus people present. This showed the enormity of the respect and the responsibility that our students showed in recognising the significance of the ANZAC Day assembly. It made me very proud as the Principal of our school to see such reverence for the occasions from every one that was present.

Staff Changes
This term we welcome Mrs Jemima Finlayson into the position as Head Teacher – Science whilst Craig O’Brien has taken some well-deserved leave. As a result we welcome Mr Ben Horne into a Science teaching position and look forward to the contribution that he no doubt will make in the time that he is here at Moss Vale High School.

Maintaining our standards . . .
As the new term begins it is timely to remember the importance for each student to attend school each and every day of the week and to make sure they take full advantage of the wonderful learning opportunities that are on offer at Moss Vale High School.

In addition, I want to say how pleased I am of how almost every student in the school wears uniform. I want this to continue. It makes me very proud to see the level of respect and responsibility that the students show in our school and in themselves. Keep up the great work with the uniform!

Partnerships
Over the course of the first week of term I have had the opportunity to work with a number of parents on a range of matters as well as welcome a range of new students into our school. The reason I make that point is that I want to just mention how much I enjoy building and establishing partnerships and developing real relationships with parents. We are really working well as a school community and that is evidenced by the positive spirit that is synonymous with Moss Vale High School.

Let’s look forward to a VERY exciting term!

Peter Macbeth
Principal
Deputy Principal’s Report

Parent Communication
Parents are requested to make contact with the front office if you need to communicate with your child during school hours. It is important that students are not distracted from learning by receiving or sending text messages during class time. It is also important for staff to keep all students safe at school and we cannot have them leaving school grounds to collect food or equipment from parents who turn up without notifying the front office. Thank you for your understanding and co-operation in this matter.

Positive Behaviour for Success (PBS)
The PBS team has been hard at work planning for the term ahead to ensure that this initiative remains proactive in maintaining a positive school culture. We are now moving the philosophy of ‘Positive Behaviour for Success’ more explicitly into the classroom where we will focus on building a culture where students value education and strive for academic achievement. We hope to achieve this goal through continuing to deliver PBS lessons during roll call periods where all students are expected to engage in a common task. Our SRC students will become more actively involved in the PBS program and a Student from SRC will deliver a motivational presentation on each school assembly.

Our staff members continue to encourage students to engage with the Merit System and Vivo online reward system, and I am incredibly proud of the increasing number of students achieving the prestigious Bronze, Silver and Gold Awards. I would like to congratulate Olivia Yearsley and Josh Huggett, both of Year 9, on being the first students to achieve the highest level in the Merit System, the Platinum Award. Well done, Olivia and Josh!

Vivos - Online Reward System
We have recently introduced a new reward category on Vivo for students ‘Working Above and Beyond’ which will be worth 50 Vivos. Each faculty will nominate two students each week who teachers believe are working well beyond expectations in their subject area. This is simply another incentive for students to work towards academic achievement and personal success.

The students who were nominated this week for ‘Working Above and Beyond’ are: Jake Turnbull and Michelle Haynes from Special Education, Melanie Aitken and Rachel Goodacre from HSIE, Brooke Allan and Lucy Mann from PDHPE, Jessica McConnell and Monique Miller from English, Sophie Abrahams and Lauren Fahey from CAPA, Gemma Seymour and Joel Hinchcliffe from TAS, Lauren Smith and Luke Webb from Maths. Congratulations to all of these students on their exceptional work in class.

Peer Mediation
I would like to thank Mr Paviour, Ms Curtis and Ms Davidson for organising and running Peer Mediation training this week for our student volunteers. The Peer Mediation Program aims to reduce incidences of bullying by providing a school environment that is positive, caring, safe and friendly. Peer Mediation teaches students to resolve low-level conflicts using their peers as mediators. Mediation opens up communication channels allowing the disagreeing students to discuss their problems and come to a resolution with the guidance of the mediators.

Students may develop improved skills in:
- Communication
- Problem solving
- Conflict management

This is a wonderful program and I am very proud of the mature young people who volunteered to be trained as mediators to assist their peers in resolving conflict.

Patricia Holmes
Deputy Principal
Our student leaders represented Moss Vale High with dignity at two local ANZAC Day services this year. At the Bundanoon ANZAC Day service, Captains Jayden Cubit and Rhiannon Young laid a wreath, with students and staff accompanying them on the ANZAC March. Rhiannon then delivered the Youth Address, speaking eloquently about the meaning of ANZAC Day to young Australians. At the Moss Vale service, School Captains Matthew Sainsbury-Dale and Georgia Finlayson, accompanied by SRC representatives and our Principal, Mr Macbeth, joined the march and then our captains laid a wreath on behalf of the school community. Our students have developed a fine tradition of respectful observance and participation in these significant events, representing their school with pride in the local community.

This year our school ANZAC assembly was held at the start of Term Two, and included presentations from our talented Creative and Performing Arts students as well as the traditional observances, Principal’s speech and wreath laying. This outstanding service had the theme of “The Importance of ANZAC to Young Australians”, and our students presented moving and personalised reflections that added dignity, impact and great relevance to this event. Our Vocal Group, One Note Longer, sang a moving rendition of When the War is Over with accompanying performances by our Senior Drama ensemble and Junior Dance students. The performance depicted how people were affected during war and afterwards, both on the fields of combat and on the Home Front. Our School Captains played a major part in the service, with Georgia Finlayson and Matthew Sainsbury-Dale being our announcers for the ceremony, Rhiannon Young presenting the thought-provoking keynote student address and Jayden Cubit telling the true story of a young Australian soldier of World War One in an enthralling speech accompanied by images from the young man’s life. This young man was the grandfather of our Teacher Librarian, Mrs Williams, and we thank her for sharing her family story with our school community.

The trumpet solos of the Last Post and Reveille were played by Dylan Rees of Year 12, one of our talented senior musicians. The entire assembly was conducted with great dignity, and our entire student body showed their respect through exemplary behaviour and close attention throughout the ceremony. We are proud of our students’ demonstration of our school values of being respectful, safe and responsible, in this manner. The success of this assembly was only possible with the total commitment of a large number of talented students, both performing on stage and behind the scenes in stage management, lighting and sound, and the leadership and inspiration provided by our CAPA staff, Mrs Johnston, Mrs Shannon and Ms Cordingley.

Mr J McGill, ANZAC Assembly Co-ordinator.

Photos above and below courtesy Southern Highland News
Rhiannon Young- ANZAC Day speech 2014

“Every year, there are more young faces in the crowd than ever before”– these words, spoken by Sydney veteran Private Derrick Rees, reflect a true Australian spirit– one instilled in our nation by the ANZACs themselves. Hundreds of youth attend services around Australia today– not to celebrate or to glorify war, but rather to commemorate those who served with valour through conflict and crisis, allowing us the lifestyle we have today.

This year marks the 100th anniversary of the start of WWI, and as such the 99th year since Australian involvement in that conflict.

Many of the men that had enlisted in this “War to end all Wars” were in fact merely boys. They were keen to prove themselves, defend their country; have an adventure– completely unaware of the appalling conditions that would soon befall them. Many were around my age; some were as young as 14, so much of their lives ahead of them. On this day it is important that we take a moment to remember those that never returned– those that died before their lives had truly begun.

It was on April 25, 1915 that the ANZACS landed on a small beach, now known as Anzac Cove. The soldiers were met with fierce attack, and many fell lifeless in the boats due to enemy gunfire. By the end of the first week of the campaign, more than six and a half thousand ANZACS had been killed or wounded; but while these men could easily have lost all hope– they battled on.

Through the terror a light shone, something of such significance that the younger generation continue to identify with it today. The acts of bravery, mateship and self-sacrifice performed by the ANZACS are now embedded in the structure of our society. Sadly, of the tens of thousands of soldiers who returned from World War One, none now remain. However, the impact they and the many Australians involved in subsequent conflicts, have had on the ideals of our nation still resonates with us today.

That is why around the nation today there are so many young faces by the parade and you will see proud children marching with their great-grandfather’s medals. As Australians, every one of us admires the courage and tenacity displayed by those soldiers, and as we move into a new century of remembrance the youth of today will continue to uphold the traditions that have been passed down to us.

My generation has not experienced first-hand the true magnitude of horrors that befell those brave soldiers, and perhaps we will never truly understand. But what we can do is commemorate, for it is now our responsibility to preserve the memory of these ordinary men and women, who performed such extraordinary acts.

Lest we forget.

Photo courtesy Southern Highland News
Flag & "Lest we forget"
Anzac Day address at MVHS school assembly

I am going to tell you a story…. about a young man not much older than me. His name was John Joseph Casey but his friends and family called him J.J.

He had worked on farms in Australia and was good with horses, so when his mates joined up to go overseas as a group, he thought that would the start of an exciting adventure. He lied about his age so he could travel with them.

But this was not for work overseas ….. or for a Gap Year…. these young guys were volunteering to go to war…. the First World War that started in 1914…. 100 years ago.

His group was called the 6th Australian Light Horse Regiment, and they took their own horses, or horses the Army bought, to the other side of the world.

It took six weeks by boat to arrive in Egypt where they were training for whatever they would be ordered to go to next.

His group was sent to Turkey, where a battle that was to become very famous in Australian history was fought on narrow beaches, and steep ridges.

Horses could hardly fit it was so cramped, and only a few were taken to shore in slings over the side of the boat. The gunfire was constant, and he was eventually shot – not just once, but in the head and later in the leg.

He was lucky to survive, and was taken by hospital ship back to Egypt to recover before he was sent off again to the Middle East where his regiment fought in a famous charge of the Light Horse Brigade.

He and his mates saw much bravery, mateship and military honours. They were given cake in special tins from the Queen Mary.

They received medals for their courage.

They collected souvenirs such as the 303 bullet from Gallipoli (turned into a pencil), shrapnel from the cannons, and pebbles from Anzac Cove beach.

But they also collected some horrific memories; of all the mates who died (many of their brigade), and injuries that were terrifying and would never heal. Some of them were visible – like scars from bullet wounds, but some were invisible, like post traumatic stress syndrome. JJ and his mates did not even know this was a medical illness. It is a long word for nightmares… constant nightmares, panic attacks, depression, anger and violence. Some took up drinking to drown their memories, and JJ did too. A man who was a kind husband, and hilarious grandfather could become very violent after binge drinking. His wife and children had no medical help in those days, and they eventually left him when it got too scary.

It is hard to forgive someone for being scary. But if you have read "The Happiest Refugee" by Anh Do you will remember that Anh eventually forgave his dad, when he learned what terrors his dad had been through in Vietnam.

The same eventually happened for JJ and one of his daughters was able to forgive him, as he became a gentler older man. He still had shrapnel lodged in his brain to the end of his life.

That old man, and that young horseman, was Mrs Williams’ Grandfather. She knew him as a very entertaining and loving man who would give out lollies, and tell funny tales, but never about the war. It was not until she inherited his
mementoes that she began to understand what he had been through. She went to Gallipoli and met young Turkish soldiers who are now great friends with Australians. They can see that they honour their ancestors and travel across the world to learn what they went through.

… with Poppies at ACT War Memorial

When I finish Year 12 this year, I want to do well enough in my HSC to get into the Australian Defence Force Academy. I want to be trained as an Army Helicopter Pilot. I will learn about many of the brave men and women who have fought for Australia. I will train for ways to protect Australia in war and in peace. I am glad to live in an age that understands better how to care for people; I know that courage is also about asking for help when you are in need of it… not letting any internal or external wounds make life difficult for myself and my family later. Next year it will be the Centenary of Gallipoli and April 25, 2015 will be a huge event in Australia and Turkey as we remember.

May they rest in peace, and may there be peace in our future.

Jayden Cubit
Year 12 School Captain 2014

English Experiences

Writing is a process. Students must understand that their first effort will need editing. At Moss Vale High, we encourage students to be their best. Good readers make good writers. In partnership with the excellent reading effort made across all learning areas, (see page 8), the English Faculty is supporting students in writing better.

In Term 1, Stage 5 students completed writing assessment tasks: Year 9 wrote a narrative, and Year 10 composed an analytical essay based on the novel studied in class. For both tasks, students were able to use notes, plan and edit their writing in class time. These strategies are aimed at providing students with important skills and for future success in Senior English.

Several students are to be congratulated for their fantastic writing efforts: Sarah Head, Cheyenne Martin, Kyra Casburn and Yo Gaynor in Year 9; Georgia Makepeace, Brock Stutchbury, Olivia Hurst and Cody McKibbin in Year 10.

Unfortunately, some students did not take these opportunities seriously or make their best effort. The parents and caregivers of each student who chose to include inappropriate content or language, or made a non-serious attempt have received a warning letter to advise that their child’s grade or completion of ROSA could be in jeopardy. At Moss Vale High, we take our responsibility to support all students in achieving their best seriously by following the assessment guidelines set by the Board of Studies.

Ms K Burke
Head Teacher English.

May reading inform your world
Active Reading: Responsible Learning

Our National Literacy Partnership

Comprehension Strategy #4

Self-monitoring is a skill for life just as much as it is a skill for improving comprehension. Being aware of the situations we are in, of what we need to do, of the outcomes we would like and of ways we can access support is the stuff of everyday.

Self-monitoring for comprehension is just as essential. Students are asked to monitor their understanding as they read, think what they need to do with the information, know that they are aiming to achieve their best and have strategies to help them tackle problems as they encounter them. They don’t wait until the end to say; ‘I should slow down’, ‘I need to check the meaning of that word’, ‘I don’t get the connections’, ‘What do I have to do with this?’: instead students are asked to actively monitor their understanding as they explore a text and do something to help them fix any problems.

Self-Monitoring

Students stop and think about the text they are using.
They ask themselves questions about what they understand.
They know what they can do if they are not understanding.

Example questions/statements:
- Is this making sense?
- What have I/you learned?
- Should I/you slow down? Speed up?
- Do I need to reread/view/listen?
- What can help me/you fill in the missing information?
- What does this word mean?
- What can I use to help me understand what I’m/you’re reading or viewing?

What can you do:
Ask your child what they did during the day to actively help them tackle a something they didn’t understand. Share with them a point in your day when you had to stop and self-monitor.

Ask: What did you fix yourself today? When did you ask for help today? What will you do tomorrow?
What is it?

The ISE Performing Ensemble is a group of 45 high school vocalists, dancers and musicians that tour the state each term. Are they good? They're sensational! And they include our very own Hana Lavers on keyboard. Their repertoire includes such songs as Wings, Say Something, Walking on Sunshine, The Boy Does Nothing and Treasure.

When are they coming?

Monday 2nd June (Week B), Periods 5 & 6

How much is it?

$4 per student or $6 per family

Who can go?

All year 7 and 8 students.
All students who do Music, Dance, Drama, Art, Visual Design or Photography in Years 9-12.

Where do you pay?

You can pay your money to the front office by Friday 30th May.

We look forward to seeing you there! It's guaranteed to be a highly entertaining show.

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Fire & Rescue NSW is hosting its annual Open Day on Saturday 17 May 2014 between 10:00 am and 2:00 pm.

You are invited to watch fire safety demonstrations, extrication techniques for road crashes (cutting up vehicles) hop aboard a fire truck, learn about becoming a fire fighter and get an information bag while chatting with fire fighters about fire safety and what they do.

Winter is just around the corner and it's the worst time of the year for house fires, so come along and learn as much as you can.

This is a fantastic opportunity for young people and their parents to meet their local fire fighters and learn as much as you can about home fire safety.

Don't leave fire safety to chance this winter – click on this link - 2014 Open Day Participating Stations to find your local Fire Station and join us on Saturday 17 May 2014.
Mathematics Half Yearly Assessment Period

Stage 4 and Stage 5 students will undertake half yearly exams for Mathematics in Week 4 Term 3. These exams are a major component of the assessment for Years 7 through 10 and we encourage all students to prepare for and display their best efforts when undertaking the exams. Students will be provided with further information about the topics that will be assessed and tips on how to prepare and study for their exam during weeks 2 and 3.

Exam Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Year 7</th>
<th>Year 8</th>
<th>Year 9</th>
<th>Year 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 19th May</td>
<td>Mon 19th May</td>
<td>Thurs 22nd May</td>
<td>Mon 19th May</td>
<td>Thurs 22nd May</td>
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<td>Time</td>
<td>During Math Period</td>
<td>During Math Period</td>
<td>Periods 1 and 2</td>
<td>Periods 1 and 2</td>
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<td></td>
<td>Please refer to student timetables</td>
<td>Please refer to student timetables</td>
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<tr>
<td>Approx Length</td>
<td>50 minutes</td>
<td>2 x 45 minute papers</td>
<td>1 hour 30 minutes</td>
<td>1 hour 40 minutes</td>
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<td>Venue</td>
<td>Maths Classroom</td>
<td>Maths Classroom</td>
<td>School Hall</td>
<td>School Hall</td>
</tr>
</tbody>
</table>

Absence

Students who do not attend school the day of their exam will be required to provide a documented acceptable reason for their absence. This will need to be handed in to their Maths teacher as a note signed by a parent/guardian the first day back on their return to school (this document must be separate from the note provided to the roll call teacher to explain the student’s absence). If a student fails to provide a documented reason or their teacher deems the reason for the absence to be unacceptable they will contact a parent/guardian to explain their decision and the student may receive zero marks for the task.

Equipment Required

It is the responsibility of the student to bring the appropriate equipment to school for the completion of their assessment exam. The provision of equipment is not the duty of the teacher or the Maths Faculty. Students can purchase calculators through the Maths Faculty for $22, a payment plan can be negotiated when necessary. If your student is struggling to access appropriate equipment for their exam or Math lessons please contact the school or provide a documented request for equipment to be loaned.

Students will need to bring:

- Calculator
- Ruler
- Pen (blue or black only) and pencil
- Other special equipment if notified by the teacher (e.g. geometry set)
- Eraser (no liquid paper)
TUNING INTO KIDS
10.00-12.00 noon
TUESDAYS
6th May to 10th June
Free childcare provided for group participants on-site with early childhood workers – please ring to book your place
A parenting program for parents of children aged from about 3-10
Would you like to learn how to:
• Be better at talking with your child?
• Be better at understanding your child?
• Help your child learn to manage their emotions?
• Help to prevent behaviour problems in your child?
• Teach your child to deal with conflict?
Numbers strictly limited

TRANSITIONS
Parent Support Group
10:00-12.00 noon
WEDNESDAYS
30th April to 25th June
Free childcare provided for group participants on-site with early childhood workers – please ring to book your place
Are you interested in making changes to your life?
Are you thinking about studying or returning to work?
Are you unsure where to find out information?
Guest speakers

PLAY & CHAT SUPPORTED PLAYGROUP
10.00-12.00 noon
THURSDAYS
1st May to 26th June
A playgroup providing help to develop parent’s skills and insight into the role of play in children’s learning and social development. Early Childhood staff available for support and advice about your child’s needs and any parenting or other concerns you may have. Please bring a hat and piece of fruit to share.

Men’s Group Bowral
Tuesday Nights 7pm-9pm
Call to book or for any enquiries
David Del-Sole 4862 3595
Harry Koster 0408 402 946

Springwater Tots
Aboriginal Supported Playgroup
10:00-12:00 noon
Mondays
28th April—23rd June
Please ring to book in
4862 1777

YOUNG PARENT GROUP
FOR ALL YOUNG PARENTS
INCLUDING EXPECTANT MUMS & DADS
10:00 to 12noon
FRIDAYS
2nd May to 27th June
Get together with other young parents, share info, experiences, support. Enjoy activities and learn about parenting, child development and relationships. Guest speakers, outings and activities.
With Karena

COMMUNITY WALKS
FOR THE YOUNG & THE YOUNG AT HEART
Start at 10.00 for about 1 hour
Do you want to get motivated, get a sense of being part of the community and increase your fitness at the same time? Are you new to the area and want to meet people?
MONDAY MOSS VALE
With Patricia
Meet at Leighton Gardens 9:30

TUESDAY BOWRAL
With Mardi
Start in the car park of Bowral Swimming Pool for the Cherry Tree Walk

THURSDAY MITTAGONG
With Mardi
Start at the corner of Helena Street and the Old Hume Hwy opposite the Tourist Information Centre.
Term 1 CAPA Concert

Our first CAPA Concert for 2014 was an outstanding success. Once again, our talented CAPA students from Years 7-12 amazed the audience with their impressive music, dance and drama performances. With a Beatles theme throughout the night, students presented both solo and ensemble items, and it was great to see so many of our new Year 7 students getting involved. The Staff Band Beatles Finale was definitely a hit with the crowd and they are already building a solid fan club!

We are very proud of our students’ achievements and look forward to our Term 2 Concert in Week 8.

Congratulations to all involved, it was a highly entertaining evening!

Mrs Johnston.
Head Teacher CAPA
Artwork by Megan Mulcahy

Year 8 artwork

Artwork by Katie Hill

Year 8 artwork
Every year Moss Vale High School conducts Activity Week in the last week of the school year. This year Activity Week will be held from Monday, 15 December till Wednesday, 17 December. Staff development days will occur on the Thursday and Friday of that week. The school will be closed on these days to students.

All students in the school are expected to select an activity and attend for the duration of the Activity Week. There will be no normal lessons conducted during this time.

The activities offered provide a wide range of choice for students, from overnight camps to day to day activities, from expensive to minimal cost. If your child doesn’t select any Activity, supervision and a work program are provided at school.

To assist parents in covering the cost of these activities we begin the organisation at the start of Term 2. Students received a booklet at the Activity Week assembly outlining all the options with costs. I was extremely impressed with the behaviour and level of interest from students at this assembly. To all those who attended, congratulations! If you don’t have an Activity Week booklet, there are copies available at the front office or from myself. In addition, copies can be downloaded on the schools website at http://www.mossvale-h.schools.nsw.edu.au/.

It is most important that students and parents consider the options carefully, as there is a one third non refundable deposit to be paid late in Term 2. This deposit is like any paid to a travel agent, it is used to pay deposits to companies supplying accommodation, transport or services. In addition, once a teacher starts paying for the remainder of expenses, this portion also becomes non-refundable.

While the full cost of the activity may be paid immediately, we also have an instalment program so families with a number of students may pay off the activities of their choice. There are four (4) instalments throughout the year, with the final payment due at the end of Term 3. The instalment dates are listed on the front cover of the information booklet. The first date of payment and the most important is-

**Week 8 Tuesday, 17 June**

As we are trying to place all students from Year 7, 8, 9 and 11 it is important to realise there are some very popular activities that fill quickly and, without prompt payment of the deposit, students may not secure their first choice. Last year three activities were filled within fifteen (15) minutes of the opening time. It is, therefore, really important for students to list three (3) choices in order of preference. If a student misses out on their first preference they are placed in their second, but also placed on a waiting list for their first preference. It is also important for parents/carers and students to understand that while every effort is made to accommodate student’s wishes, it is not possible for students to change their preferences after the deposit has been paid. Therefore, it is encouraged that all students should choose carefully. In addition, if a student wishes to select an activity that is $200 or greater in value, all school fees must be paid before the selection date.

Moss Vale High School is quite unique in offering such an extensive Activity Week program. In the past surveys have indicated that Activity Week is highly valued by parents, students and teachers, providing students with valuable experiences. In fact, Activity Week officially turns 40 next year. This would have to be one of the longest running school programs in NSW. This program only operates with the good will of the staff of Moss Vale High School, who are prepared to organise and, in the case of overnight activities, give up their own time to enable this program to be offered to students. The 2014 program lists nineteen (19) Activities with seven (7) of these being new activities. We hope you see the merit of this program by supporting it in 2014.

For further information about the program please contact Matt Nash, Activity Week Coordinator, during school hours.

Matt Nash
Activity Week Coordinator
Careers

Work experience is an important and meaningful component of the Year 10 curriculum and students should be well underway with arrangements for their work experience program which is to be conducted from 10 June 14 to 13 June 14. At this stage there are still about 50 students who don’t have anything organised. Could I ask parents to check with their young person as to whether they have arranged work experience placement and if they haven’t, help with getting them organised. There will be no classes run for Year 10 during the week of work experience so it is important that arrangements are made.

During June there will be a number of Careers related opportunities for students. The Defence Forces Recruitment team will be running a seminar on 4 June at school for any interested students in Years 9, 10, 11 and 12. The Southern Highlands Jobs Expo will be on 3 June and the West Sydney Careers Expo will be running on 20 June. As well, Year 10 will be attending the Moss Vale TAFE taster day on 24 June. There will be more information and permission notes issued closer to these dates.

Mr Baguley
Careers Adviser

Southern Cross Cultural Exchange

HAVE FUN, MAKE NEW FRIENDS, AND LEARN ABOUT ANOTHER CULTURE!

Volunteer to host an international high school student arriving into Australia in July 2014, and you’ll be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for their 3, 5, or 10 month programs from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Spain and Colombia. They will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family.

Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!
LUNCH ORDER ITEMS
PREORDERED BEFORE 8AM

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Ham Salad Roll With the Lot</td>
<td>$3.80</td>
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<tr>
<td>Caesar salad roll</td>
<td>$3.80</td>
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<tr>
<td>Chicken lettuce &amp; mayo roll</td>
<td>$3.40</td>
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<tr>
<td>Chicken Burger</td>
<td>$4.00</td>
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<tr>
<td>Hot chicken gravy Roll</td>
<td>$3.40</td>
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<tr>
<td>Chicken Parmigiana Burger</td>
<td>$4.00</td>
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<tr>
<td>Chicken Crackle Burger</td>
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<tr>
<td>Marconi cheese</td>
<td>$3.50</td>
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<tr>
<td>Lasagne</td>
<td>$4.00</td>
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<tr>
<td>Cheese &amp; spinach Rolls</td>
<td>$3.70</td>
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<tr>
<td>Chicken Nuggets 5 pcs</td>
<td>$2.90</td>
</tr>
<tr>
<td>Pizza Slabs: Hawaiian/ Margherita/ Meatlovers</td>
<td>$3.00</td>
</tr>
<tr>
<td>Pepper Steak Pie</td>
<td>$3.00</td>
</tr>
<tr>
<td>Small Recess Pie</td>
<td>$2.70</td>
</tr>
<tr>
<td>Small Sausage Roll</td>
<td>$2.00</td>
</tr>
<tr>
<td>Large sausage roll</td>
<td>$3.00</td>
</tr>
<tr>
<td>Large pie</td>
<td>$3.80</td>
</tr>
<tr>
<td>Potato pie</td>
<td>$4.50</td>
</tr>
<tr>
<td>Nugget &amp; Potato Combo large</td>
<td>$3.00</td>
</tr>
<tr>
<td>Full Garlic Bread</td>
<td>$1.40</td>
</tr>
<tr>
<td>Sauce Portion</td>
<td>$0.20</td>
</tr>
<tr>
<td>½ Garlic Bread</td>
<td>$0.70</td>
</tr>
<tr>
<td>Chicken Pasta salad/ In season</td>
<td>$3.50</td>
</tr>
<tr>
<td>Salad packs to order</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

DAILY SPECIALS

<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Cheese &amp; Bacon Roll</td>
<td>$2.00</td>
</tr>
<tr>
<td></td>
<td>Chicken nuggets &amp; s/s sauce</td>
<td>$2.90</td>
</tr>
<tr>
<td></td>
<td>Hot chicken crackle burger</td>
<td>$4.00</td>
</tr>
<tr>
<td></td>
<td>Creamy tomato bacon pasta penna</td>
<td>$4.00</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Toasted sandwiches</td>
<td>$2.00</td>
</tr>
<tr>
<td></td>
<td>Hot Cumbled Chicken Wraps</td>
<td>$3.00</td>
</tr>
<tr>
<td></td>
<td>Pizza Slabs (Hawaiian/ Margarita/Meatlovers)</td>
<td>$3.00</td>
</tr>
<tr>
<td></td>
<td>Chicken Parmigiana Burger</td>
<td>$4.00</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Cheese &amp; Bacon roll</td>
<td>$2.00</td>
</tr>
<tr>
<td></td>
<td>Nugget/Wedge Combo</td>
<td>$2.90</td>
</tr>
<tr>
<td></td>
<td>Mac cheese</td>
<td>$3.50</td>
</tr>
<tr>
<td></td>
<td>Chicken Burger</td>
<td>$4.00</td>
</tr>
<tr>
<td></td>
<td>Or Beef Burger</td>
<td></td>
</tr>
<tr>
<td>Thursday</td>
<td>Ham &amp; cheese Toasties</td>
<td>$2.00</td>
</tr>
<tr>
<td></td>
<td>Hot chicken &amp; cheese wrap</td>
<td>$3.00</td>
</tr>
<tr>
<td></td>
<td>Hot Dogs &amp; Sauce</td>
<td>$2.50</td>
</tr>
<tr>
<td></td>
<td>Asian meal (gluten free)</td>
<td>$4.00</td>
</tr>
<tr>
<td>Friday</td>
<td>Hot Ham, cheese, egg wraps</td>
<td>$3.00</td>
</tr>
<tr>
<td></td>
<td>Lge Pizza Bread or pizza sub</td>
<td>$3.00</td>
</tr>
<tr>
<td></td>
<td>Lasagne &amp; Garlic Bread or burrito’s or Nachos</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

Snacks & other Foods

- Selection of Fresh Sandwiches: $2.20 to $3.80
- Fresh Salad Packs/Wraps: $3.80 to $4.00
- Home Made Cookies: 70c
- Various Snacks:
  - Noodles, tiny teddy: 50c
  - Finger Buns: $1.50
  - JJ’s/ Chicken/ salt vine/pizza: $1.00
  - Smith Chip variety: $1.50
  - Home made Muffins: $1.80
TO : MOSS VALE HIGH

NOTE OF ABSENCE

Date : __________________ Address : __________________

Roll Class : __________ Year : __________

Please excuse the absence of my son/daughter : ____________________________________
on (dates) ___________________________

Total number of days absent : ______________

The reason for the absence/s (this reason must be specific, not just "he/she was sick") : ______________

Parent Name : ___________________________

Parent Signature : _______________________

Date sent : ______________

CHANGE OF ADDRESS / CONTACT DETAILS

NAME : ........................................................ Roll Class : ...... Year : ......

NEW ADDRESS : ......................................................... PO BOX ..............

New Phone No's : Home : ...................... Work (M) : ......................

Mobile (M) : ...................... Work (F) : ...................... Mobile (F) : .........

Email : ..............................................................

DATE YOU CHANGED ADDRESS : ..........................................................

PARENTS / GUARDIANS NAMES YOU ARE LIVING WITH :

........................................................................................................................................

Do you currently have a bus pass? ..........................................................

NOTE : A new bus pass application must be completed when a student has : a change of address, a change of name, change of school, change of details or comes under joint custody.
Parent Online Payments
Commencing 29 July 2013

What is QuickWeb?

› Secure online payment facility hosted by Westpac
› Accessed from the home page of the school’s website
› $Make a payment “button”

Visa or Mastercard credit or debit cards only accepted

Timing

› The payment must be made before 6pm for the school to receive the funds the next day. i.e. pay before 6pm on Monday, the school will have the funds on Tuesday morning.
› If the payment is after 6pm then there will be a delay of a day in the school receiving the funds i.e. pay after 6pm on Monday, the school will have the funds on Wednesday morning.

Entering payment details

› Student’s name, class or year, date of birth
› Payer’s name, contact phone & email
› Select what you want to pay for by checking relevant box
› Payment description must be accurate
› Payment amount must be completed
› Asterix * indicates a mandatory field
**Moss Vale High School Merit System**

**VIVO**

- **60 Vivos**
  - **Red Award**
  - You get an extra 10 Vivos for telling the Deputy that you have reached a Red Award which takes you to 70 Vivos

- **160 Vivos**
  - **Green Award**
  - You get an extra 10 Vivos for telling the Deputy that you have reached a Green Award which takes you to 170 Vivos

- **320 Vivos**
  - **Bronze Award**
  - You get an extra 10 Vivos for telling the Deputy that you have reached your Bronze Award which takes you to 330 Vivos

- **480 Vivos**
  - **Silver Award**
  - You get an extra 10 Vivos for telling the Deputy that you have reached Silver Award which takes you to 490 Vivos

- **640 Vivos**
  - **Gold Award**
  - You get an extra 10 Vivos for telling the Deputy that you have reached Gold Award which takes you to 650 Vivos

- **950 Vivos**
  - **Platinum Award**
  - You get an extra 10 Vivos for telling the Deputy that you have reached Platinum Award which takes you to 960 Vivos
Payment description

- Voluntary Schools Contributions – enter voluntary contribution
- Subject Contributions – enter particular subject eg Maths
- Excursion – enter excursion number (from excursion note) or name of excursion eg Opera House
- Sport – enter number from permission note or name of particular sport eg Softball
- Creative and Performing Arts— enter particulars eg Dance, Drama
- Sales to Students – enter item you are purchasing eg calculator, Waratah magazine
- Other – eg P & C membership, Yr 12 formal or can be used to pay whole amount eg Fees 2013

Note: Permission notes still need to be completed and sent to school

Online payment receipt

- Print and/or Email – you can change the prefilled email address if you wish
- Note the receipt number for your reference, and write this on any permission notes you are sending back to school.
- You do not need to send a copy of your receipt to the school

More than one student to pay for?

Separate payments need to be made for each student to ensure correct identification of student